

## How to take part in Star Count

1. Pick a clear night with no haze or clouds, wait until after 7pm so the sky is really dark.
2. Looking south into the night sky, find the Orion constellation, with its four corners and 'three-star belt'.
3. Take a few moments to let your eyes adjust, then simply count the number of stars you can see within the rectangle made by the four corner stars. Don't count the corners, but you can count the three stars in the middle - the belt. See picture below.
4. Make a note of the number of stars seen with the naked eye (not with telescopes or binoculars) and then complete the online survey form: [submit your Star Count results](#). To give you an idea, if you see fewer than 10 stars, this indicates severe light pollution, and if you can see over 30 stars, you're looking at a truly dark sky!
5. Share your experiences (and any photos) with others on social media using #StarCount2019 [@CPRE](#) [@BritAstro](#)
6. And keep a look out for the national results to see how your area compares to the rest of the country!