## **Deddington and Parish Covid-19 Response Team**

## <u>Newsletter #09 – 5<sup>th</sup> June 2020</u>

## Deddington, Hempton and Clifton – Together, Apart!

See map below for your zone and the contact details of your zone captain Please contact your zone captain if you need any help

#### Who are we?

We are the Deddington and Parish Covid-19 response team – a group of local volunteers who are prepared to help everyone in the villages.

We know that there are now a number of people relying on this local help – please rest assured that it will continue for as long as there is a need.

#### Please call us if you need help or information.

As we enter a more relaxed phase of the pandemic, we thought you might be reassured to know that the Zone Captains have reported that all is quiet on their patch. We are blessed to live in a rural locality where people have taken the situation seriously which reflects on the very low incidence of illness here. Keep safe...

#### **Communications**

**Deddington on line:** look on our local information website <u>deddington.org.uk</u> for more information, past and present copies of these newsletters and Deddington News.

**Facebook** (search "Deddington Response") for upto-date information, this weekly newsletter and links to useful sites. For general local news and comments see *Deddington Community Notice Board* 

**The Deddington News** continues to publish monthly but is an online edition only until social distancing is further relaxed. Those with relatives or friends who do not have access to the online version might wish to print off copies for them

**Government Information**: for the latest national advice and restrictions visit the government website: <u>www.gov.uk/coronavirus</u>

#### Useful help services

Childline: 0800 1111 Samaritans: 116 123 Domestic Abuse Hotline: 0808 2000 247 The Survivors Trust: 0808 801 0181 Oxfordshire Mind: 01865 247788 24/7 Mental Health helpline

adults: 01865 904997; children: 01865 904998 Age UK: 0800 169 6565

#### Citizen's Advice Tel: 0300 330 9037

Provides Food Vouchers and advice on issues including Universal Credit and other benefits, employment problems, housing, relationships & debt. You can also email Banbury Citizens Advice Bureau on <u>advice@citizensadvicenosn.org.uk</u>. Telephone appointments available.

**Deddington Farmers Market:** A Market will be held on 27 June in a new location in the village, offering click and collect service only. There will be more information on its website shortly. Until then please support the many stall holders providing delivery services. For full details see <u>www.deddingtonfarmersmarket.co.uk</u>

#### **Deddington Covid Archive**

A local online Covid-19 archive has set up. See *deddingtonhistory.uk/covid-19pandemic2020.* 

This includes copies of these newsletters. We'd very much like stories, anecdotes and photographs showing Deddington parish in lockdown. Please email them to Mary Robinson <u>robimary@gmail.com</u>.

#### Food Bank

The Food Bank donations trolley is situated in the porch of Deddington Church Please leave donations of non-perishable food (tins, packets etc) within their use by date, but not fresh food, fruit or vegetables. Thank you

### Please respect the government and NHS guidelines ALWAYS USE SOCIAL DISTANCING

**Newsletter:** this newsletter will be produced approximately fortnightly and delivered (by helpers with gloves) to every house. If you are happy to get the information via Deddington on-line or Facebook instead (saving paper!) please put the logo on the right in a window near your letterbox.



#### **REFERENCE SECTION**

#### **Healthcare**

**Delmergate:** All prescriptions for the over 60s are being delivered automatically and all those on the Government 'Shielding' list. If you are not in these groups, but need assistance getting your prescriptions, please notify your zone captain. Now open: 9-6, Mon-Fri. T: 337583

**Deddington Health Centre**: Telephone 338611. For repeat prescriptions call 338847 (10-3, Mon-Fri) and please leave a message as paper copies are no longer accepted.

Anyone on the previous DHC delivery system will continue to get deliveries; anyone on the government shielding list who does not have someone to collect for them can contact the Dispensary on 338862 and delivery will be arranged.

Patients in Hempton or Clifton who ordinarily collect, but now need a prescription delivery, please notify your Zone Captain. Delivery day is Friday.

**Dentists** are now treating emergency and urgent cases - contact your normal practice.

#### Food Shopping

**Co-op:** Open 7am-10pm every day. VIP Hour 9.30-10.30. Telephone orders taken, card payment by telephone. Zone captains can arrange delivery for those isolating. T: 336281

Eagles: Telephone orders with phone payments T: 338500.

**Foodies:** Fresh bread, local farm eggs, pasta, rice, flour; also take away hot drinks & deli sandwiches. 10-3 daily. T: 337470

Sainsbury's: Open to NHS & Social Care staff on Mon-Sat at 7:30 (30 mins before public opening). Priority shopping from 8:00-9:00 Mon, Wed & Fri. Open 8am-10pm (10-4 Sunday)

**Morrisons**: Will deliver for elderly, vulnerable and selfisolating people ONLY. Telephone 0345 611 6111 option 5.

**Fenemore Farms Micro Farm Shop**, in Clifton, is open daily (8-5:30) for frozen lamb, honey, eggs, milk plus pasta, various flours (including GF) and yeast. Also bedding plants from UGM nursery. Cash or cheque only. T: 07917 795207.

**Rob Hill, the fish man**, is in the market place on Thursday from 1.45-2.30. Cash only. Ideally place orders in advance at <u>robhill74@me.com</u> or 07578 195979 (text or voicemail)

#### Pets

**Crofts**: A pet food delivery service by our volunteers is collected weekly from Crofts, Banbury. Phone Crofts with your order on 01295 250131, you can pay over the phone and leave your address and it will be delivered the following Friday. Any concerns phone Bea (337717).

**Vets** are running an emergency service only; ring your usual vet if needed.

#### **Foodbanks**

Banbury Food Bank – E: <u>info@banbury.foodbank.org.uk</u> or T: 01295 661304

Bicester Food Bank – E: <u>info@bicester.foodbank.org.uk</u> or T: 01869 321806

#### **Recycling Centres**

Open 8-4 but at 50% capacity and no physical assistance from staff. Please only use them if you cannot safely store waste at home.

#### <u>Shops</u>

The Flower Shop can deliver locally, order by 3pm Tuesday. amanda@theflowershopdeddington.com

Cyclogical 9:30-4 Mon, Tue, Thur, Fri; 9:30-3 Sat. T: 338090 E: <u>james@cyclogicalshop.co.uk</u>

#### **Eating**

**Bengal Spice**: High Street: Indian takeaway. – T: 337733 or 337799. Open 5.30pm - 9.30pm, every day except Tuesdays.

**Popular Chinese** - Hempton Road. Take away Chinese. Tel 338881. Collection only. Weds – Sat, 6pm -10.30pm.

**Pickled Ploughman**, Aynho Road, Adderbury. T: 01295 810327. Take-away pub food. W: *pickledploughman.co.uk* 

**The Red Lion** is now open for take-aways, including cod & chips, on Friday & Saturday evenings from 6-8:30. T: 338777

White Horse, Duns Tew. Take-away food changing daily from 6pm. T: 340272 W: <u>dunstewwhitehorse.co.uk</u>

**Mobile fish and chips** Every Monday evening in Deddington (times vary depending on demand). Advance orders 07753 256929. Delivery to your door (ish). Contactless payment. Track local van #3 at <u>howeandcofishandchips.co.uk /</u>

**Pizza Pronto,** based in Bodicote and delivers to Deddington. Menu and ordering online *pizzapronto.online/* 

Just Eat locally: just-eat.co.uk/area/ox15-banbury

#### Garden Centres

All have restricted numbers allowed on site at any one time

**Cotefield** open 9-4 daily (Sun 10-4). T: 01295 275222. Card only. W: <u>cotefieldnurseries.co.uk</u>

**Bunkers Hill** Deliveries + click & collect. T: 331492 Personal shoppers must advance book <u>bunkershillgardenshop.co.uk</u>.

Nicholsons details at *nicholsonsqb.com* T: 340342

Spread the Word – not the Virus. Fighting Covid -19 as a community. Use 999/111 for emergencies

# **Deddington COVID-19 Response**

Quarantining or self isolating? There is support for you! Need some help or know someone who does?

Deddington Community Volunteers have got you covered. Need supplies or prescriptions, dog walking or just some advice and someone to talk to –

