

Deddington and Parish Covid-19 Response Team

Newsletter #11 – 9th November 2020

Deddington, Hempton and Clifton – Together, Apart!

For your zone captain please see the map on page 3

Most organisations and businesses below have hyperlinks to their websites or facebook pages

With the start of a new national lockdown, and the likelihood of restrictions throughout the winter, we would like to remind you that we are here to help – and will be for the foreseeable future.

We, the Deddington Parish Response Team, want to ask for four simple things:

- 1. **Ask for help if you need it** – we know that we continue to be a long way from ‘normal’ but if you or anyone you know needs a hand, please just ask. We are here for everyone.*
- 2. **Support local businesses** – in the previous lockdown, local business did an incredible job to support the community. Please continue to support those that can be open.*
- 3. **Continue to be kind** – the parish has shown its greatest values during lockdown. Let’s celebrate our differences and what unites us. We are stronger as a community.*
- 4. **Offer to help** – if you are willing to join the team of volunteers helping others in your zone, please contact your Zone Captain*

CURRENT RULES (until 2 December) – Note these are LAW, not guidance as previously

The [main rules](#) that affect everyone on a day to day basis are:

You need to stay at home, except for:

- Work or volunteering, which cannot be done from home
- Essential shopping (food, medicines, prescriptions, newspapers, post office etc)
- Collecting takeaways or “click and collect” items
- For medical reasons (GP, dentist, hospital, COVID-19 tests etc) – including vets
- To escape injury or harm (eg domestic abuse)
- To visit someone in prison or a care home (where visiting is permitted)
- For formal education, or taking children to school or child-care
- To attend a funeral or related event
- To attend a formal mutual aid group (eg drug or alcohol recovery)
- For exercise **locally**, or to meet ONE other person in a public space
- To visit people in your formal support bubble or childcare bubble

You are not allowed to meet anyone inside or in your garden unless they are in your bubble

Face coverings must be worn in most indoor settings and on public transport

Non-essential retail shops are closed, but are allowed to offer “click & collect” facilities

Hospitality venues are closed, except to provide food or drink for takeaway (up to 10pm)

Personal care (hair, beauty etc), leisure and entertainment venues are closed

Places of Worship are closed (except for personal prayer)

Those over 60 and clinically vulnerable people are urged to be especially careful to follow rules and minimise contact with others. Those defined as clinically extremely vulnerable should have received a letter from the government giving detailed guidance

Dear Friends,

As we begin another lockdown, it is important that you know you have help and support if you should need it. Please ask your Zone Captains and volunteers if you have any worries about the situation – if we can't help you ourselves, then we will hopefully find someone who can!

As both church and community, we are now thinking about the effects of the lockdown on Christmas activities. The church is doing what it can to ensure that we can all engage with the Christmas story in ways other than services – so keep a watch out on the church website, www.deddingtonchurch.org as well as on posters and flyers around the villages.

One thing we do want to ensure is that no one misses out on a meal on Christmas Day. Zone Captains may well be in touch with those of you who we know are on your own, or who won't have family around to see if we can help. We can prepare Christmas lunch in the church kitchen as we have in recent years, but this time we plan to deliver them as Festive Take-Aways. If there is someone you know in your village who might benefit from this, please let us know – talk to your Zone Captain or get in touch with me on 01869 336990 or vicar@deddingtonchurch.org.

In the meantime, please keep safe and well,
Revd Annie

COMMUNICATIONS

Deddington on line: look on our local information website deddington.org.uk for more information, past and present copies of these newsletters and Deddington News.

Facebook (search "Deddington Response") for up-to-date information, these newsletters and links to useful sites. For general local news and comments see *Deddington Community Notice Board*
Deddington News is published monthly on-line and on paper (subject to Covid restrictions).

PRESCRIPTIONS

The pharmacy at the **Surgery** will now deliver to the over 60s. Ring the surgery to register.
Delmergate also deliver to over-60s.

FARMERS MARKET

At the time of going to press the **Farmers' Market** will be held on 28th November. Please wear masks, follow the one-way system, keep 2m distance and, as the Government requires, do not stop to talk to more than one person who is not in your bubble.

FOOD SHOPS

<u>Co-op</u> (telephone orders taken)	336 281
<u>Eagles</u> (telephone orders taken)	338 500
<u>Fenemore Farm Shop</u>	07917 795 207
<u>Rob Hill Fish</u> (Thursdays)	07578 195 979

TAKE AWAYS

<u>Foodies</u> (Mon-Sat, 10am-3pm)	337 470
<u>Red Lion</u> (Wed-Sat, 5pm-8pm)	338 777
<u>Unicorn</u> (also deliveries)	338 838
<u>Bengal Spice</u>	337 733/337 799
<u>Popular Chinese</u>	338 881
<u>The Duke at Clifton</u>	226 334
<u>Fish & Chip Van</u> (Mondays)	07753 256 929
<u>Pickled Ploughman</u>	01295 810 327
<u>White Horse, Duns Tew</u>	340 272

USEFUL HELP SERVICES

<u>Childline:</u>	0800 1111
<u>Samaritans:</u>	116 123
<u>Domestic Abuse Hotline:</u>	0808 2000 247
<u>The Survivors Trust:</u>	0808 801 0181
<u>Oxfordshire Mind:</u>	01865 247 788
<u>24/7 Mental Health helpline</u>	
adults: 01865 904997 children: 01865 904998	
<u>Age UK:</u>	0800 169 6565

Citizen's Advice 0300 330 9037
Provides Food Vouchers and advice on issues including Universal Credit and other benefits, employment problems, housing, relationships & debt. You can also email Banbury Citizens Advice Bureau on advice@citizensadvicenosn.org.uk. Telephone appointments available.

Food Bank Donations

The Food Bank donations trolley is in the porch of Deddington Church. Please leave donations of non-perishable food (tins, packets etc) within their use by date, but not fresh food, fruit or vegetables.

Foodbanks

<u>Banbury Food Bank</u>	01295 661 304
<u>Bicester Food Bank</u>	01869 321 806

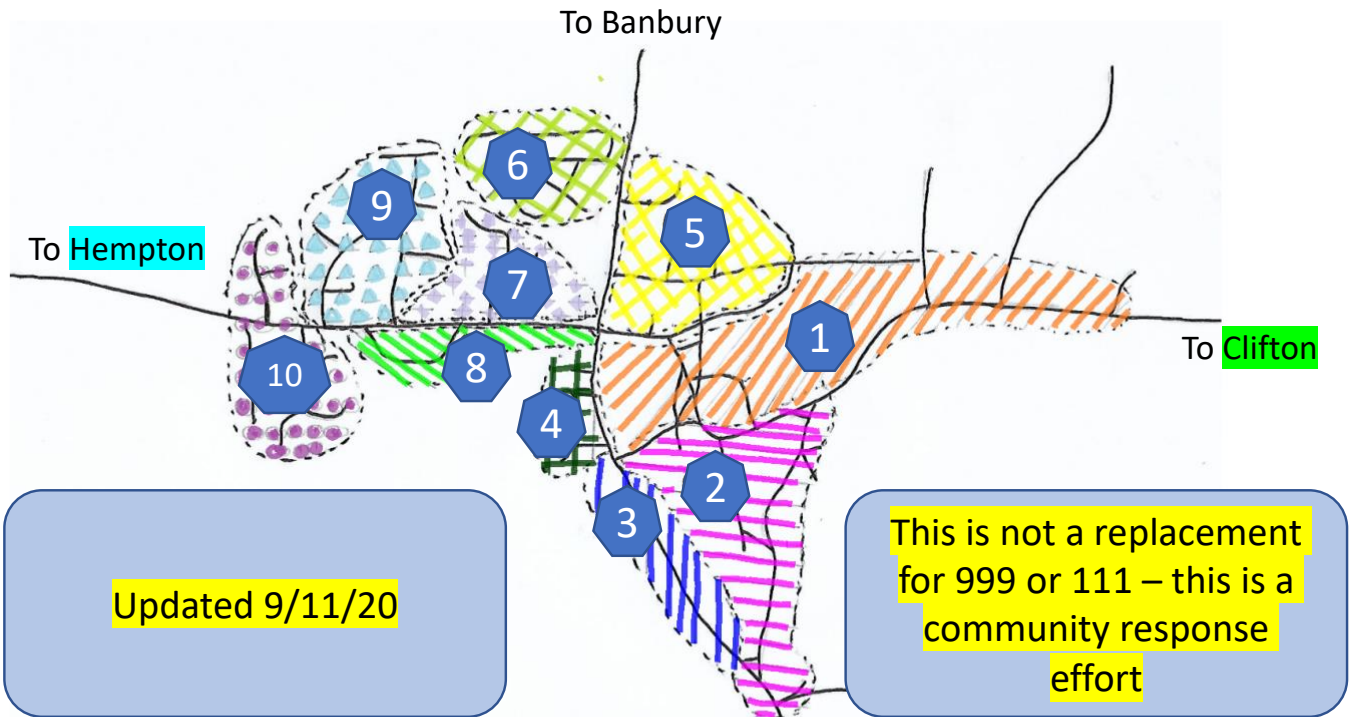
Deddington COVID-19 Response

Quarantining or self isolating? There is support for you!

Need some help or know someone who does?

Deddington Community Volunteers have got you covered. Need supplies or prescriptions, dog walking or just some advice and someone to talk to – then call your Zone Captain.

Fighting Coronavirus as a Community



Zone	Captains	Contact Number
Zone 1	Mark Adams	07921 211750 or 338902
Zone 2	Fiona Smith	07906 711038 or 337667
Zone 3	Julia Cork	07881 438930 or 337546
Zone 4	Carol Garrett	07870 365984 or 338602
Zone 5	Annie Goldthorp	07795 691927 or 336880
Zone 6	Ben and Philippa Carson	07562 997546 or 228675
Zone 7	Anna Haynes	07817 847843
Zone 8	Al Kitchen	07989 399054 or 337548
Zone 9	Jenny and Clive Snashall	07761 828066 or 337406
Zone 10	Jen Childs	07774 608715
Clifton	Tei Williams and Ian Willox	07957 664116 or 337940
Hempton	Janet and Jonathan Watts	07825 172600 or 337135